

# Competency Validation Record

## Competency: Breastfeeding

Name: \_\_\_\_\_ Validator: \_\_\_\_\_

Date: \_\_\_\_\_

Written Quiz:

Number of Correct Answers on 54 items: \_\_\_\_\_

Circle the numbers of the items that were not correctly answered. Example: For item 52-54, "List at least 3 alternative feeding methods for expressed milk." If the person wrote two correct answers, circle 54, indicating the missed third response.

**1 2 3 4 5 6 7 8 9 10**

11 12 13 14 15 16 17 18 19 20

21 22 23 24 25 **26 27 28** 29 30

31 **32 33 34 35** 36 37 38 39 40

41 **42 43 44 45** 46 47 48 49 50

51 52 53 54

For the following items, place a check by each skill demonstrated correctly:

**I MCH HV nurse demonstrates knowledge of and ability to determine, with client, her goals and plan of care.**

\_\_\_ 55. Elicits mother's feelings and concerns about breastfeeding (I.4)

\_\_\_ 56. Determines and supports maternal breastfeeding goals (I.5)

\_\_\_ 57. Involves mother in identifying breastfeeding support system (I.6)

\_\_\_ 58. Involves mother in developing and implementing a plan for priority concerns (I.7)

\_\_\_ 59. Recognizes cues of maternal fatigue and avoids overwhelming mother with

Information (I.8)

\_\_\_ 60. Demonstrates 1 of these three skills:

\_\_\_ 61. Demonstrates a different 1 of these 3 skills:

Individualizes care based on cultural influences (I.9)

Prioritized breastfeeding concerns for each mother baby couple (I.10)

Recognizes own knowledge limitations and consults other sources as

needed (I.11)

**II MCH HV nurse demonstrates knowledge and ability to assess and educate mother regarding self care related to breastfeeding.**

\_\_\_ 62. Involves mother in planning to promote relaxation and enjoyment of breastfeeding (II.6)

**MCH HV nurse demonstrates knowledge of and ability to assess newborn feeding.**

\_\_\_ 63. Demonstrates cradle hold, football hold, side lying positions for breastfeeding (111.10)

\_\_\_ 64. Demonstrates 1 or more techniques for detaching newborn from breast (III.11)

\_\_\_ 65. Demonstrates 1 or 2 techniques for burping baby (III.12)

\_\_\_ 66. Creates an environment of privacy for communication and/or physical assessment (III.13)

\_\_\_ 67. Obtains consent before touching patient (III.14)

\_\_\_ 68. Considers the effects of medications mother is using on breastfeeding and newborn health (III.15)

**MCH HV nurse demonstrates knowledge of and ability to teach regarding methods of expressing, storing, and feeding breast milk.**

\_\_\_\_ 69. Demonstrates correct use of breast pumps available in the area (IV.3)

\_\_\_\_ 70. Explores ways with client to continue breastfeeding while separated from baby  
(IV.4)

Total number of correct responses of 70: \_\_\_\_\_

A passing score is 75% (52 correct responses) and must include the items on the first page that are in bold (1, 2, 3, 4, 5, 6, 7, 8, 9, 26, 27, 28, 32, 33, 34, 35, 42, 43, 44, 45)

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